

To-do List

Finding reinforcers

- ☐ Observe your kiddos to see what they choose to do in their free time.
- ☐ Ask your kids what they'd like as a reward.
- ☐ Make a list of free or cheap ideas.
- ☐ Have your kids rate their preferences on the list.

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Reflections: Was this easy? Was it hard? Did it work? Why or why not?