

To-do List

Behavior Specific Praise

Give some behavior specific praise! Try each of these:

- ☐ "I like the way you....."
- ☐ "Thank you for...."
- ☐ "Great job....."
- ☐ "You were wonderful at...."
- ☐ "I appreciate....."

What behavior did you try to increase?

Did the behavior increase?

- ☐ Yes
- ☐ No

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Reflections: Was this easy? Was it hard? Did it work? Why or why not?