

Behavior Specific Praise

I like the way you . . .

Nice job!

On what?

Way to go?

What did I do?

Give your child LOTS of praise-
but make sure they know what
you are praising!

Tell them EXACTLY what
behavior you are happy to see.

Be clear & consistent with:

✧ Expectations

✧ Instructions

AND

✧ Praise statements

Repeating back the target
behavior in the form of
verbal praise can help to
increase the occurrence of
that behavior in the future.

Thank you for emptying the dishwasher.

Way to finish your homework quickly!

I like the way you ate all of your dinner!

Awesome job sharing with your little brother today!

I love how you followed directions the 1st time!

Learn more about

Behavior Specific Praise

Recommended Easy Reads:

1. <http://www.ustream.tv/recorded/105305181>
2. <http://www.bsci21.org/the-one-phrase-that-can-make-parenting-easier/>

Legit Research References

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