

To-do List

Pairing

- ☐ Identify a problem behavior, situation, routine, or scenario
- ☐ Identify a reinforcing thing that you can pair together
- ☐ Pair them.
- ☐ Repeat pairing them.
- ☐ When the problem decreases, fade out.

What two things did you pair?

Did the behavior(s) increase?

- ☐ Yes
- ☐ No

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Reflections: Was this easy? Was it hard? Did it work? Why or why not?