

To-do List

Task Analysis

- ☐ Identify a problem routine
- ☐ Write out every little step in order
- ☐ Test your list
- ☐ With your child, illustrate it (google images, drawing, etc)
- ☐ Teach each step
- ☐ Reward each step!
- ☐ Reinforce the WHOLE thing!

What routine did you focus on

Did the behavior(s) increase?

- ☐ Yes
- ☐ No

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Reflections: Was this easy? Was it hard? Did it work? Why or why not?