

Motivation

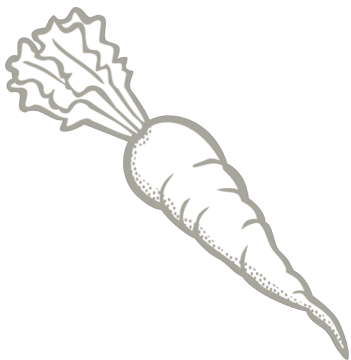
Comes BEFORE the behavior ever occurs!

True success: using both motivation and reinforcement (consequence) effectively!



Steps to Success:

1. Identify the target behavior you want to increase.
2. Set up a contingency with a positive reinforcement system in place.
3. Fade out as your child is more and more successful.
4. Talk about the feelings associated with doing the behavior, getting the reinforcement.
5. Pay attention to what happens in the future.



If your child is consistently given motivation to attempt a new skill and finds that the successful completion of that skill is consistently met with a positive experience, your child will have an ever-increasing desire to accomplish that skill again.

-Robert Schramm, BCBA

Learn more about

Motivation and ABA

Recommended Easy Reads:

1. <http://behavioradvisor.com/ABAMotivation.pdf>
2. <https://knospe-aba.com/cms/us/aba-info/aba-articles/motivation-and-reinforcement.html>
3. <https://bsci21.org/the-four-term-contingency-of-advocacy-for-children-with-special-needs/>
4. <https://bsci21.org/four-ways-to-set-up-a-self-management-system/>
5. <https://bsci21.org/leading-without-authority-how-to-motivate-people-who-dont-have-to-do-what-you-say/>

Legit Research References

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