

# Book Study: The Power of Positive Parenting

Parenting with ABA Members CE Event

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## 9 skills of positive parenting

The ability to:

1. Seize opportunities to have frequent positive interactions with children.
2. Clearly establish and communicate expectations.
3. Clearly establish and dispense consequences.
4. Ignore behaviors that do not threaten the basic quality of life, limb, and property.
5. Attend to an inappropriate behavior unemotionally, precisely, directly, and instructional.
6. Not question non-compliant children about their behavior or ask them to explain their behavior.
7. Use the inappropriate behavior of one child as a prompt to attend to the appropriate behavior of other children.
8. Smile and laugh and touch and talk- a lot!
9. Assess behavior analytically and to treat it clinically.

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## Environment mindset

Example: Fix the road, and you fix the car.

General level of reinforcement in the home



Notes on parental control

*"Create a world where we and our children receive immense amounts of positive reinforcement; to design a world in which we can all behave well."*

*-Latham*

5 Parenting Rules

1. Clearly communicate your expectations to your children. This includes a clear description of those behaviors that will get your attention.
2. Ignore inconsequential behaviors.
3. Selectively reinforce appropriate behaviors.
4. Stop then redirect inappropriate behaviors.
5. Stay close to your children.

Junk Behavior

Consequences following problem behavior

1. Must be clearly understood at the outset by parents and children
2. Must be reasonable, and enforceable
3. Parents should think in terms of logical consequences, not punishment
4. Must be applied with precision, accuracy, and consistency
5. Must not be punishing to parents



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Notes on chapters with specific areas addressed

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Takeaways

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Reference

Latham, G. I. (1994). The power of positive parenting. North Logan, UT: P&T Ink.

