

Recent Research in ABA Parent Training

Parenting with ABA Members CE Event

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Social validity defined:

“The degree to which behavior change efforts impact and have value to stakeholders and the appropriateness and acceptability of these procedures”

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How does social validity data inform culturally responsive care?

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What was the most common intervention in the lit review on caregiver training?

Behavior Skills Training

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Three elements of total construct social validity:

1. goals
2. procedures
3. outcomes

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In the meta analysis, when were social validity taken?

- 96% after the intervention was complete
- 9% before
- 6% during



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What does the BACB ethics code say about collaborating with caregivers and social validity?

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Why should demographic data be considered according to the authors?

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What methods were suggested in the article for collecting social validity data?

Semi-structured interview
Concurrent chains method from Hanley, 2010
for consumers (child examples only)
Before, during, and after treatment

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From the second article, what are some common causes of parental stress?

- Lack of social supports
- "Severity of autism symptoms"
- Financial difficulty
- Parents' perception and understanding toward ASD
- Parents' anxiety and worries about their child's future
- Religious beliefs



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From the second article, what procedure(s) were most effective at reducing parental stress?

Mindfulness-based Positive Behavior Support

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What can we do with this information?

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Other notes from the CE event:



Resources

Curley, K., Colman, R., Rushforth, A., & Kotera, Y. (2023). Stress Reduction Interventions for Parents of Children with Autism Spectrum Disorder: A Focused Literature Review. *Youth*, 3(1), 246-260. Chicago

Kemmerer, A. R., Vladescu, J. C., DeBar, R. M., Sidener, T. M., & Bell, M. C. (2023). A scoping review of the caregiver training literature for individuals with autism spectrum disorder. *Behavioral Interventions*.

Hanley, G. P. (2010). Toward effective and preferred programming: A case for the objective measurement of social validity with recipients of behavior-change programs. *Behavior Analysis in Practice*, 3, 13-21.

Tarbox, J., Szabo, T. G., & Aclan, M. (2020). Acceptance and commitment training within the scope of practice of applied behavior analysis. *Behavior Analysis in Practice*, 1-22. Chicago

<https://www.parentingwithaba.org/pwaba-continuing-education-membership/16-can-we-use-act-in-parent-training-may-2022/>

<https://www.parentingwithaba.org/pwaba-continuing-education-membership/27-cultural-responsiveness-in-aba-caregiver-support-april-2023/>

<https://www.parentingwithaba.org/pwaba-continuing-education-membership/19-present-moment-self-as-context-act-for-parent-training-august-2022/>

Is this a good fit for your family?

Time

- I feel this is doable in the time I have.
- I need help finding the time.
- There's no way I can find time for this.

Comfort/ Confidence

- I understand the plan and feel good trying it on my own.
- The training was a little unclear. I'm not sure what to do.
- That made no sense to me. We need something else.

Troubleshooting

- I feel good applying this to new things that may pop up.
- I can try to use these behavior tools on my own.
- Not going to work for new issues that may come up.

Whole Family

- This feels too hard on my child.
- This feels too hard on the rest of my family.
- This feels too hard on me.

Is it worth it?

- The effort is totally worth it.
- The payoff of improvement in my family seems really far off.
- The effort does not seem like it's going to get us anywhere.

Community

- The people in our world will be understanding of this.
- No one will understand and I'll feel uncomfortable.



Parent Check-In

CELEBRATE

What is one win your child had in the last week(s)?

What is one win YOU had as a parent in the last week(s)?

What is one thing your partner did really well in the last week(s)?

TODAY

What is your biggest parenting concern right now?

What is your partner's biggest parenting concern right now?

Explore any differences in these.

SETTING

Any changes in daily health- sleep, eating, etc?

Any changes in routine, schedules, etc?

Any other factors to keep in mind?